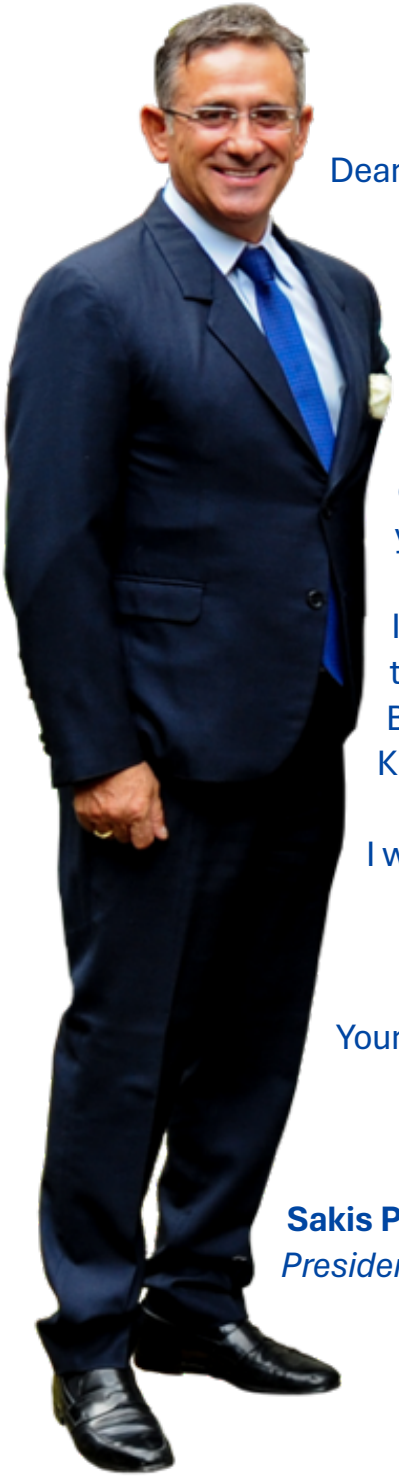
OUTLINE

European Taekwondo Grand Prix 2025

Series 1

9 – 11 April 2025

Tallinn – Estonia



Dear friends,

After the success of the 1st Grand Prix ever, we will continue with this new concept in 2025. In Tallinn, the best Cadet and Junior athletes will participate at this high level event. Also, ETU invited athletes from other continents to participate in order for our European youngsters to be ready for all competitors!

In 2025 we will host Grand Prix series, qualifying events for the Grand Prix and also a Grand Prix Finals in December in Bosnia and Hercegovina. There, prize money and Value in Kind packages will be awarded to the winners.

I wish all athletes the best of luck and may the best win!

Yours,

Sakis Pragalos
President European Taekwondo Union

OUR SPONSORS AND PARTNERS

ETU would like to thank the sponsors and partners that make the Grand Prix possible!

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EUROPEAN TAEKWONDO UNION

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EUROPEAN TAEKWONDO UNION

1. SANCTIONED BY

EUROPEAN TAEKWONDO UNION

ADDRESS: Hofestatt 13, 57439, Attendorn, Germany
E-MAIL: info@europetaekwondo.org
WEBSITE: https://europetaekwondo.org

2. ORGANIZER

ESTONIAN TAEKWONDO FEDERATION

ADDRESS: Kaera 21, Tallinn 10318, Estonia
EMAIL: tallinntournaments2025@gmail.com

3. EUROPEAN RANKING

This event will be ranked E8

4. VENUE

LOCATION: Unibet Arena
ADDRESS: Paldiski mint 104b, 13522, Tallinn, Estonia
WEBSITE: https://unibetarena.ee

5. REGISTRATION & ACCREDITATION

DATES: **7 – 10 April 2025**
7th April: **15:00-19:00**
LOCATION: Sokos Hotel Viru
ADDRESS: Viru vajak 4, 10111 Tallinn, Estonia

8th April: **09:00-13:00 / 15:00-19:00**
LOCATION: Sokos Hotel Viru
ADDRESS: Viru vajak 4, 10111 Tallinn, Estonia

9th April: **09:00-13:00 / 15:00-19:00**
LOCATION: Unibet Arena
ADDRESS: Paldiski mint 104b, 13522, Tallinn, Estonia

10th April: **09:00-13:00**
LOCATION: Unibet Arena
ADDRESS: Paldiski mint 104b, 13522, Tallinn, Estonia

6. COMPETITION DATES & SCHEDULE

DATES: **9 – 11 April 2025**
START: **09:00 start competition**

9th April

CADETS:	Female:	-29kg, -33kg, -37kg, -41kg, -44kg, -47kg, -51kg
	Male:	-33kg, -37kg, -41kg, -45kg, -49kg, -53kg

10th April

CADETS:	Female:	-55kg, -59kg, +59kg
	Male:	-57kg, -61kg, -65kg, +65kg
JUNIORS:	Female:	-42kg, -44kg, -46kg, -49kg
	Male:	-45kg, -48kg, -51kg,

11th April

JUNIORS:	Female:	-52kg, -55kg, -59kg, -63kg, -68kg, +68kg
	Male:	-55kg, -59kg, -63kg, -68kg, -73kg, -78kg, +78kg

7. WEIGH IN DATES, SCHEDULE & LOCATION

DATES: **8 – 10 April 2025**
SCHEDULE: **10:00 – 13:00 hrs**

8th April

LOCATION: Sokos Hotel Viru
ADDRESS: Viru vajak 4, 10111 Tallinn, Estonia

CADETS:	Female:	-29kg, -33kg, -37kg, -41kg, -44kg, -47kg, -51kg
	Male:	-33kg, -37kg, -41kg, -45kg, -49kg, -53kg

9th April

LOCATION: Unibet Arena
ADDRESS: Paldiski mint 104b, 13522, Tallinn, Estonia

CADETS:	Female:	-55kg, -59kg, +59kg
	Male:	-57kg, -61kg, -65kg, +65kg

JUNIORS:	Female:	-42kg, -44kg, -46kg, -49kg
	Male:	-45kg, -48kg, -51kg

10th April

LOCATION: Unibet Arena
ADDRESS: Paldiski mint 104b, 13522, Tallinn, Estonia

JUNIORS:	Female:	-52kg, -55kg, -59kg, -63kg, -68kg, +68kg
	Male:	-55kg, -59kg, -63kg, -68kg, -73kg, -78kg, +78kg

Please make sure to arrive in time in Tallinn (Estonia) to attend the weigh in at the scheduled weigh in times. ETU will not allow any athlete or team to arrive later than the scheduled weigh in and weigh in after the scheduled times will not be permitted. In case your plane is delayed, please send as soon as possible an email to sport@europetaekwondo.org including a photo of the airport screens showing the actual delay of the airplane. Without any proof, ETU will not allow any late weigh ins.

8. RANDOM WEIGH – IN DATES, SCHEDULE & LOCATION

LOCATION: UNIBET ARENA
SCHEDULE: Daily at 08:00 hrs

The names of the athletes selected for the Random Weigh-in will be daily published, at 06:30 hrs on the competition day on the following (social) media platform: https://europetaekwondo.org/documents/

9. DRAW SHEETS AND BRACKET PUBLICATION

The draw sheets and brackets will be daily published, one (1) day before the start of competition at 19:00 hrs on the following (social) media platform: https://europetaekwondo.org/documents/

10. SEEDING

At this event, all athletes will be 100% seeded as per the last published European Ranking list.

11. COMPETITION RULES

The last updated WT Competition Rules & Interpretation shall be applied.

12. MEDAL EVENTS

The following Cadet medal events are applicable:

CADET DIVISIONS			
Men's division		Women's division	
Under 33 kg	Not exceeding 33 kg	Under 29 kg	Not exceeding 29 kg
Under 37 kg	Over 33 kg and not exceeding 37 kg	Under 33 kg	Over 29 kg and not exceeding 33 kg
Under 41 kg	Over 37 kg and not exceeding 41 kg	Under 37 kg	Over 33 kg and not exceeding 37 kg
Under 45 kg	Over 41 kg and not exceeding 45 kg	Under 41 kg	Over 37 kg and not exceeding 41 kg
Under 49 kg	Over 45 kg and not exceeding 49 kg	Under 44 kg	Over 41 kg and not exceeding 44 kg
Under 53 kg	Over 49 kg and not exceeding 53 kg	Under 47 kg	Over 41 kg and not exceeding 47 kg
Under 57 kg	Over 53 kg and not exceeding 57 kg	Under 51 kg	Over 47 kg and not exceeding 51 kg
Under 61 kg	Over 57 kg and not exceeding 61 kg	Under 55 kg	Over 51 kg and not exceeding 55 kg
Under 65 kg	Over 61 kg and not exceeding 65 kg	Under 59 kg	Over 55 kg and not exceeding 59 kg
Over 65 kg	Over 65 kg	Over 59 kg	Over 59 kg

The following Junior medal events are applicable:

JUNIOR DIVISIONS			
Men's division		Women's division	
Under 45 kg	Not exceeding 45 kg	Under 42 kg	Not exceeding 42 kg
Under 48 kg	Over 45 kg and not exceeding 48 kg	Under 44 kg	Over 42 kg and not exceeding 44 kg
Under 51 kg	Over 48 kg and not exceeding 51 kg	Under 46 kg	Over 44 kg and not exceeding 46 kg
Under 55 kg	Over 51 kg and not exceeding 55 kg	Under 49 kg	Over 46 kg and not exceeding 49 kg
Under 59 kg	Over 55 kg and not exceeding 59 kg	Under 52 kg	Over 49 kg and not exceeding 52 kg
Under 63 kg	Over 59 kg and not exceeding 63 kg	Under 55 kg	Over 52 kg and not exceeding 55 kg
Under 68 kg	Over 63 kg and not exceeding 68 kg	Under 59 kg	Over 59 kg and not exceeding 59 kg
Under 73 kg	Over 68 kg and not exceeding 73 kg	Under 63 kg	Over 59 kg and not exceeding 63 kg
Under 78 kg	Over 73 kg and not exceeding 78 kg	Under 68 kg	Over 63 kg and not exceeding 68 kg
Over 78 kg	Over 78 kg	Over 68 kg	Over 68 kg

13. METHOD OF COMPETITION AND CONTEST TIME

- Single elimination tournament system.
- Best of three (3) system will be used.
- 3 rounds of 1.5 minutes, one (1) minute break between each round.
- The Technical Delegate has the authority to adjust the contest time as he sees fit.

14. HEAD OF TEAM MEETING & MEDICAL MEETING

The Head of Team/Medical meeting at the Grand Prix 1 2025 will take place in **Sokos Hotel Viru** on Thursday 8th April at 18:00 hrs. The Head of Team Meeting/Medical Team Meeting is accessible for maximum two (2) representatives for each team. All information will be published on the following media platforms: https://europetaekwondo.org/documents/

15. ELIGIBILITY REQUIREMENTS

The following eligibility requirements are applicable:

1. Holder of a quota or invitation awarded by European Taekwondo Union
2. Holder of a valid 2025 WT Global Athlete License.
3. Member of a pertinent Member National Association, recognized by European Taekwondo Union or World Taekwondo.
4. An athlete in order to be eligible for participation must be born in
    a. Cadet athletes: 2011, 2012, 2013
    b. Junior athletes: 2008, 2009, 2010
5. Holder of 1st Kup or higher
6. All competitors must prove their age/nationality by presenting their passport or identification card at the official weigh in. For those athletes that are not adults, a written letter of consent must be submitted (please find enclosed on the last pages) at the registration, signed by one of the parents or legal guardians, accepting their participation and all parts of the official invitation.

16. QUOTA SPECIFIC RULES

The following rules are applicable for the Grand Prix 1 2025 Tallinn, Estonia:

1. 8 quotas Qualifier event 14-16 February 2025, Tirana – Albania
2. 1 quota for the host country
3. 2 wild cards for each continental Union of World Taekwondo
4. All other quota places by ranking

17. INVITATIONS, IMPORTANT DATES AND TIMELINE

The event is only open for invited athletes. Registration will be open via Simply Compete for clubs. The following timeline is applicable for accepting the invitation:

1. **4 – 14 March:**
    a. Quota holders and host country must accept and register to confirm the quota.
    b. Ranked athletes must pre- register to confirm their quota. Top 30 ranked athletes will be invited in each weight division to pre-register but only the top ranked athletes for the remaining spots after quota holders will be selected in each weight division. A confirmation email will be sent to the email address registered in the members profile on Simply Compete. The pre-registration of any athlete not selected during this window will be deleted from Simply Compete but the athlete will be put on a priority waitlist in case of any withdrawals in that weight category.
    c. Wild cards, awarded to the Continental Unions of World Taekwondo
2. **17 – 28 March:** re-allocated quota invited athletes must accept via email.

18. COACH ELIGIBILITY REQUIREMENTS

1. Minimum age of 18 years
2. Holder of the WT Coach License Level I Coach Certification
3. Holder of a valid 2025 WT Global Official License
4. Coach is not allowed wearing Dobok
5. One (1) coach per five (5) athletes is allowed. Exceeding this ratio is subject to an extra fee.

19. MEDICAL STAFF ELIGIBILITY REQUIREMENTS

1. Minimum age of 18 years
2. Holder of a valid 2025 WT Global Official License

20. SPORT ENTRIES

Team entries will only be accepted through the WT GMS online registration system Simply Compete. Registration of the athletes is only possible with a valid 2025 WT Global License (GAL issued by assigned GMS club, Edition and Administrators only).

Please find below the direct link to the WT GMS platform:

https://worldtkd.simplycompete.com/

21. OFFICIAL ACCREDITATION CARDS

The following accreditation cards are issued:

ROLE	MALE TEAM		FEMALE TEAM
Head of Team		1	
Manager		1	
Coach	1 per 5 athletes		1 per 5 athletes
Trainer	2		2
Team Doctor/Physio		1/1	

22. REGISTRATION DEADLINE

Please check point 17 in the outline. Deadlines pass at 23:59 GMT of each date mentioned under point 17.

23. APPLICABLE FEES

Entry fee: 150 euro per registered athlete paid **until** 1st March
Late fee: 175 euro per registered athlete **after** the deadline of 1st March

Cash: 200 euro per registered athlete (not recommended)
Modifications: change weight divisions is not possible after the registration deadline
Miscellaneous: 50 euro per each additional accreditation card/extra coach
Protest fee: in case an official protest is made, a fee of 200 euro is Applicable

24. PAYMENT INFORMATION

All entry fees shall be paid in advance to the Organizing Committee. All bank transfer shall be paid to the following bank account:

ACCOUNT HOLDER: **European Taekwondo Union**
IBAN: **DE32 4625 1630 0000 0632 71**
SWIFT: **WELADED1ALK**
BANK: **Sparkasse ALK**
ADDRESS: **Kolner Str. 10, 57439 Attendorn, Germany**
PAYMENT REFERENCE: Team name + GAL License number + GP1EST2025

NOTE: Bank transaction expenses should be set to "OUR". If set to "SHA" then the team may be asked to pay at Registration & Accreditation Centre any differences that may occur at the final amount remitted.

25. PROOF OF PAYMENT

A copy of the bank transfer must be sent to:
EMAIL: finance@europetaekwondo.org

All teams are required to send proof of payment (copy of bank transfer) to finance@europetaekwondo.org within one (1) week after registration in Simply Compete or submit it at the registration appointment booking platform. The Organizing Committee has the right to delete sport entries from teams that do not send proof of payment from the system in order for other athletes to register and to prevent 'ghost athletes'.

Any athlete registering on-line who does not take part in the competition and who has not been removed from the entry list before the deadline 30 March 2025, is fully liable for paying his/her entry fee in full. For any athlete not presenting at registration, his/her team or official shall be liable for ensuring full payment of the entry fee of the aforementioned athlete prior to the team's participation. If a team does not show up at the event and has not requested a participation cancellation before the deadline, the Organizing Committee shall invoice the team for the full amount (100%) as per current outline.

26. NO REFUND POLICY

The Organizing Committee shall not refund entry fees paid.

27. SPORT EQUIPMENT

1. **PSS:** Daedo International **Generation 3** with electronic head gear and face mask for Cadets
2. **Mats:** Recognized by World Taekwondo
3. **OVR:** Martial Events
4. **IVR:** Re-Strike
5. **Other:** All participants athletes must wear WT recognized competition uniform. See a list of recognized products at: http://www.worldtaekwondo.org/wtpartners-wt/recognize.html

28. FIELD OF PLAY REGULATIONS

By accepting the accreditation card, all accredited persons agree to comply with the Field of Play regulations applicable at European Taekwondo Union events.

29. INDIVIDUAL AWARDS

Junior medal winners:
1st place – gold medal, qualify for the European Final Grand Prix
2nd place – silver medal, qualify for the European Final Grand Prix
3rd place – bronze medal
3rd place – bronze medal

Cadet medal winners:
1st place – gold medal, qualify for the European Final Grand Prix
2nd place – silver medal, qualify for the European Final Grand Prix
3rd place – bronze medal
3rd place – bronze medal

All participants will receive a certificate of participation.

30. MEDICAL & ANTI-DOPING

The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions.

1. Compulsory anti-doping tests may be carried out for selected medalists, while random tests may be conducted to the rest of the athletes. The WT and/or WADA may carry out random out-of-com- petition testing prior to the championships.
2. TUE (Therapeutic Use Exemption): Athletes who take any substance or medicine listed in the "Prohibited List" of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. If you do not have an ADAMS account yet, please contact tue@ita.sport to have it set up. Otherwise, please download the TUE Application Form HERE and once duly completed and signed, send it together with the required medical file to tue@ita.sport with copy to antidoping@ worldtaekwondo.org by at least 30 days before the first competition day
3. For more details, please see the following page of the WT website: http://www.worldtaekwondo.org/anti_doping-wt/therapeutic.html
4. WT Mouth guard, Taping and Bracing rules http://www.worldtaekwondo.org/wp-content/uploads/2019/06/WT-Mouthguard-brace-taping- and-padding-rules-5-29-2019.pdf

31. MEDIA & PRESS

MEDIA ACCREDITATION

Registered media and press officials or official photographers are entitled to receive a media and press accreditation card. For more information, please contact the European Taekwondo Union Media department at media@europetaekwondo.org

PHOTO POSITIONS

All accredited photographers are only allowed to use the designated photo positions while working in the Field of Play. By accepting a media and press accreditation, the accredited person agrees to follow at all times the instructions of the European Taekwondo Union Media and Press officer.

32. HASH TAGS &SOCIAL MEDIA

HASH TAGS

European Taekwondo Union uses the following hash tags at Facebook and Instagram:
#ETU
#EuropeanTaekwondoUnion
#GRANDPRIX1EST

SOCIAL MEDIA PLATFORMS

European Taekwondo Union is present at the following social media platforms:
Facebook: @europeantaekwondounion
Instagram: @europeantaekwondounion
Twitter: @europeantaekwondounion
YouTube Channel: European Taekwondo Union

33. INDEMNITIES

It is the responsibility of each registering team to ensure that their athletes and team officials have filled out the indemnification forms correctly and have duly signed them, there by indemnifying WT, ETU, the Organizing Committee and all other officials and athletes from any claims of injuries, losses or otherwise arising during participation at the Grand Prix 1 Estonia 2025 or any activities linked therewith. It is the responsibility of each registered team to ensure and guarantee that sufficient insurance coverage has been arranged for all athletes, team officials and other participants. Without sufficient insurance coverage, teams will not be allowed to compete. Please fill out the Personal Indemnity Forms and return them to the Organizing Committee before 30 March 2025. Each participant (athletes, team officials, etc.) must fill out the indemnification form.

34. MEDICAL INSURANCE

All participating athletes, coaches, team officials, technical officials and participants at ETU events shall have mandatorily an international medical insurance that covers medical care (COVID included) and in case of emergency, repatriation to the country of origin, valid on the days present in the host country of the event. ETU nor the Organizing Committee shall be responsible to cover any medical costs incurred for medical treatment before, on or during the competition or repatriation in the broadest sense of the word. All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs. Each MNA, Team doctor or team medical staff must ensure their athletes and team officials have valid international health insurance that covers medical and emergency care at the designated hospitals in Romania before arrival to the venue.

General

The OC cannot predict the developments in the next comings months with regard to the Corona COVID-19 outbreak in Europe. The teams have to bear in mind that due to the uncertain nature of the Corona COVID-19 outbreak and sole authority of each government on how to respond, restrictions to access the Host country may be applicable. It is the responsibility of each and every participating team to make sure they meet all entry requirements in order to enter the Host country and to monitor the Estonian policy with regard to entry policies.

Sufficient insurance

The teams are strongly urged and advised to make sure to have their own sufficient travel, cancellation, medical insurance.

Liability

In this respect, please be informed that the OC shall not and cannot be held liable for any expenses and costs incurred by the teams for travelling to the event in case of cancellation of the event due to (further) outbreak of the Corona COVID-19 virus in the Host Country. The teams are strongly urged and advised to make sure to have their own sufficient travel, cancellation and medical insurance. The OC shall not accept any claims or requests for compensation in case of cancellation of the event.

PERSONAL INDEMNIFICATION FORM

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE executed this on:

(insert date of signing).

I, the undersigned, certify that I will indemnify, hold harmless and release the European Taekwondo Union, World Taekwondo and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an "Indemnitee" and, collectively, "Indemnitees"), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys' fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnitee as a direct or indirect result of participating in the Grand Prix 1 Estonia 2025 in the broadest sense of the word.

By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue.

I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

NAME:

DATE:

SIGNATURE:

LIABILITY DECLARATION / only for under aged athletes

My name:

I live in:

I am the parent/guardian of:

Date of birth (competitor): / /

I declare that I accept the participation of at the Grand Prix 1 Estonia on 9-11 April 2025 and that I accept all parts of the official invitation of this tournament. For physical reasons nothing speaks against a participation of the aforementioned athlete, I understand that all competitors are considered to participate at their own risk. European Taekwondo Union, World Taekwondo and the Organizing Committee assume no responsibility for any damages, injuries or losses. All athletes must bring their own documents and the forms or any medical insurance in Estonia.

Place:

Date:

Signature of the parents/legal guardian: